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After care instructions

Important information

Please read these instructions thoroughly, and keep them with you to refer to during your healing process and prior to your touch up appointment.

Make sure you follow these instructions carefully to ensure the best possible result for your permanent make up procedure.

After your procedure you may experience some redness, swelling, tenderness and bruising, this is perfectly normal and will pass. If you are concerned about swelling, an ice pack may be applied to the area but it must be covered in a clean, dry cloth or cling film. Please do not touch the treated area with your fingers at all during the first week. Always use cotton buds to apply ointment if advised or needed. Only cotton buds, never your fingers.

Special care

Brow: You may apply a thin layer of the after care ointment only once in the morning and once in the evening. The application must be absolutely minimal and only with a clean cotton bud. You may use either vitamin A&D ointment, bepanthen, coconut oil or grapeseed oil.

Eyeliner: Allow the eyeliner to dry and heal, do not apply any ointment to the area. Keep it completely dry, do not use mascara for at least 4-5 days and then make sure you use a new one.

Lip: You may apply a very small amount of the after care ointment to the lip after it has had about 4 hours to dry. You are recommended to use Bepanthen or coconut oil or shea butter on the lip and avoid vaseline based products. DO not over use the ointment as it will slow down your healing substantially, only apply the ointment sparingly 4-5 times a day with a clean cotton bud, do not use your fingers or the lip may blister.

A clear slightly yellow lymphatic fluid may weep from the area for the first 48 hours. You should wash the area with a very, very mild soapy solution, 2-3 times a day for the first 48 hours.

This is to remove the build up of sticky lymphatic fluid and prevent it from drying into a thick crust. Wash the area briefly & pat dry immediately with a clean cloth or tissue. Allow to air dry for a few moments & apply a very fine layer of aftercare ointment with a cotton bud.

After the 48 hours a thin dry crust will form over the area.

The crust will crumble and flake off on its own after a few days. Do not pick, peel or scratch the area as it will cause the colour to fade unevenly and may cause an infection. Some itching is normal during this process; you may apply a little ointment to alleviate this



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Your colour will look dark and intense for about 1 week; it will lighten substantially as the crust flakes off. Your colour may fade by up to as much as 80% while healing, this is dependent on your individual skin type and cannot be predicted beforehand. The remaining 20% may be barely visible; this is a perfectly normal outcome.

In some cases, the pigment may appear to have disappeared, but will re-emerge again after about two to three weeks.

The pigment will be beneath your epidermal tissue so will not look as vibrant as traditional make up applied on top of the skin.

You will require a follow up treatment 4-6 weeks after your first session. This touch up cannot be done before 4 weeks as the skin will not be sufficiently healed.

In some cases, a third treatment may be necessary, especially if a heavier make-up or liner is required or if your skin does not retain the pigment well.

Avoid the following for 1 week

- Steam rooms or saunas.
- Salt water or chlorinated swimming pools and Jacuzzi's.
- Excessive exercise.
- Chemical skin peels or exfoliants.
- Direct shower spray.
- Make-up, cleanser, cream or toner directly over the treated area.
- Frequent use of eye drops if you have had an eyeliner procedure.
- Lash/brow tinting, lash perming, brow waxing/threading/tweezing avoid for 2 weeks.
- NO direct sunlight or use of sunbeds is allowed for 2 weeks. If you are going on a sunny holiday in 2-3 weeks it is better to postpone your appointment until after your holiday.

Once healed it is advisable to purchase a new lipstick or mascara, and to clean your make up applicators with a disinfectant liquid.

Important information

Blood donation: The Red Cross has suggested that you do not give blood for 12 months.

MRI/CAT Scans: Some clients may experience a slight tingling sensation during the scan, please notify the radiologist beforehand.

Intense pulsed Light/Laser: Please advise the IPL/laser technician before you undergo either of these treatments, as it will cause the pigment to turn black if applied directly over it.

INJECTABLES (botox or dermal fillers): These can alter the shape of your brow or lip line.